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Date: 31st May 2017

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Mrs Kathleen Sinclair (BSc Hons)
Head Teacher

Education, Youth and Communities
Our Lady's High School
Dalzell Drive
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Dear Parent/Carer

This year the St Andrew's Hospice "Ben Nevis Climb" Event for Senior Pupils from Our Lady's High School will take place on Saturday 3rd June 2017. Pupils will leave school at 5:45am (**PUPILS SHOULD BE AT OUR LADY'S HIGH SCHOOL AT 5:30AM**) and return at 11pm approximately.

This event raises an enormous amount of money each year for St Andrew's Hospice. Pupils have a sponsor form to allow them to ask family and friends to sponsor them for this climb. The forms and money should be returned as soon as possible after the 3rd June 2017.

On arrival at Ben Nevis pupils will be given a safety talk prior to the climb. Members of St Andrew's Ambulance Service and staff from Cairngorm Mountain Rescue, will be positioned on Ben Nevis. Please stress to your child the importance of safety and taking on board the advice from the professionals. There will be around 1,000 pupils taking part in this event on the day.

Pupils should bring a packed lunch and snacks, they will be given a bottle of water. Dinner will be provided at the hotel on completion of the climb. They should also wear proper footwear for personal safety reasons i.e. walking boots or trainers with a good gripping sole. **No heels or flimsy shoes should be worn.** Pupils should also wear comfortable clothing (**no football colours**) and bring a waterproof jacket in case of inclement weather. Pupils should ensure that they have sunscreen as they will be very exposed during the climb even if the weather is dull.

Thank you very much for allowing your son/daughter to participate in this Hospice event, I am confident that he/she will have a memorable day and a real sense of achievement. If you have any questions please do not hesitate to contact me.

Yours faithfully



D King
Partnership Officer.